

How often should you have a professional eye exam?

I don't wear glasses or contacts...

I wear glasses or contacts...

OVER 61
annually

6-18 years
before first grade
and every two
years thereafter.

Annually
or as
recommended
by your doctor

2-5
years
at 3 years

18-40
years
every two to
three years

41-60 years
every two years

Did You Know?



Parents and teachers often have difficulty recognizing some visual problems because children don't necessarily know how or what they're supposed to be seeing, so it's unlikely they will clearly describe visual problems.

A child who has never known normal vision or depth perception doesn't know what he or she is missing.

Children should be examined by an eye doctor during infancy and preschool years to detect potential vision defects.